

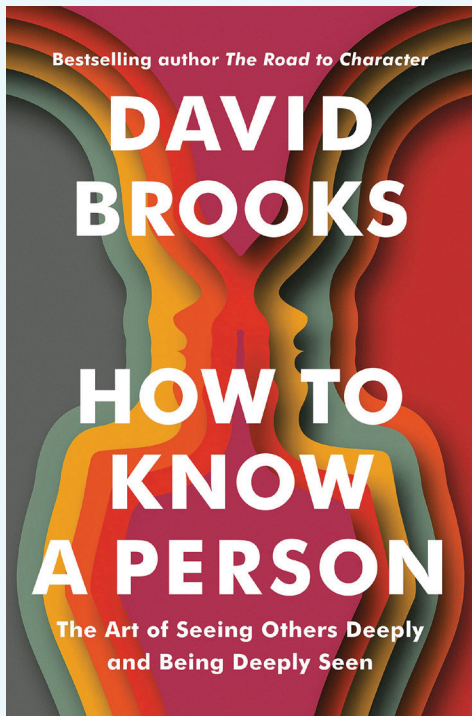
St. Luke's Wood River Foundation

Mission: To inspire generosity that improves health and well-being in the community.

Vision: We envision a community where generosity ensures clinical excellence and empowers health for all.



Health and Well-Being Speaker Series Welcomes Renowned Journalist



St. Luke's Wood River Foundation is thrilled to announce that David Brooks, renowned journalist, cultural commentator and New York Times columnist, will be the keynote speaker at this summer's annual Health and Well-Being Speaker Series event.

Brooks will discuss his latest bestselling book, "How To Know a Person: The Art of Seeing Others Deeply and Being Deeply Seen." The event will take place on Aug. 6, 2024, at the Argyros Performing Arts Center in Ketchum.

In "How To Know a Person," Brooks seeks to explore and explain humanity as well as the way we live. With intellectual curiosity and emotional wisdom, he underscores the value of community and the importance of human connection. Drawing from psychology, neuroscience, theater, philosophy and history, Brooks presents a path to skillfully understanding others.

He contends that seeing others deeply is not only an opportunity to understand them better but to discover something larger in ourselves and our community. In a society often marked by fragmentation and misperception, Brooks offers a remedy—a path to genuine connections and connected communities.

The event is made possible by generous local philanthropy and will be offered free to the community. For reservation information and event details, please visit slwrf.org.

Historic Investment in Mental Well-Being Is Underway

St. Luke's Wood River Foundation has committed nearly \$500,000 to build an integrated mental health and well-being ecosystem in Blaine County. Together with Spur Community Foundation and other nonprofits, local residents, faith-based groups and health care organizations, the Foundation is working toward establishing support and care systems for our community dedicated to mental and emotional wellness.

"I see people with mental health challenges every day," said Deb Robertson, MD, a St. Luke's Wood River emergency medicine physician and Foundation board member. "But we don't have sufficient resources to care for them. Watching our community come together through this initiative gives me hope that we'll be able to get people who are struggling the help they need."



Tyler Norris (left), MDiv, and Deb Robertson, MD.

Over the past year, St. Luke's Wood River Foundation brought together a mental well-being steering committee led by Tyler Norris, MDiv, a Wood River Valley resident and nationally renowned mental health expert. The steering committee partnered with community members, nonprofits and other organizations to map the current well-being network and identify strengths to amplify as well as vital gaps to fill.

"Despite being a community of ample resources, the lack of affordable and available mental health services has led to a real downward trend in well-being," Norris said. "Thankfully, people care deeply about these issues and are dedicated to making an impact."

The task now is to implement significant changes through community collaboration across Blaine County's entire continuum of care, from prevention and intervention to treatment and recovery. To learn more about and support this important and ongoing effort, please visit slwrf.org.

Five areas of focus have emerged to improve Wood River Valley's mental well-being ecosystem:

- Create a **collaborative effort** that supports a multitude of welcoming, community-connecting environments and activities throughout the county, with a particular focus on teens.
- Construct a **comprehensive community training and education program** focused on building a common understanding of resiliency, self-regulation, healthy communication and crisis de-escalation.
- Increase **behavioral health access** and capacity for individuals and families by addressing inadequacies in the mental health continuum of care in Blaine County and building out the behavioral health workforce of the future.
- Establish a **24-hour mobile crisis response system** and crisis stabilization setting(s) or system.
- Build the **infrastructure required to support ongoing collaboration** within our community to prioritize our mental health as foundational to our overall health.



Consider Your Legacy: A Lasting Gift

Giving Through a Beneficiary Designation

As you reflect on your future legacy, consider making a planned gift to support health using a beneficiary designation. Giving through a beneficiary designation is an often-overlooked option, yet it can potentially result in more of your assets passing down to your family members.

The distribution of assets passing through your probate estate is determined by your will. If you have a living trust, it only distributes assets owned by the trust. You might own many assets for which distribution is not controlled by your will or living trust. These assets will pass to your heirs or others named as beneficiaries in documents other than your will or living trust.

A beneficiary designation controls who gets assets like retirement accounts, life insurance policies, bank accounts, investment accounts and commercial annuity contracts. A beneficiary designation is a simple way of including the Foundation in your estate plan. The best method is simply to name St. Luke’s Wood River Foundation on your plan’s beneficiary designation form.

If you would like more information on how to support health through your estate plan, contact Betsy Mullins at mullinse@slhs.org or 208-727-8419.



Joy and Jack Prudek. Joy is the public relations manager at St. Luke’s Wood River. She and Jack are members of the Legacy Society.

A Lasting Legacy

“During my time at St. Luke’s, I have witnessed how St. Luke’s Wood River Foundation has been able to make a difference in the level of care provided to our community through purchasing equipment, investing in infrastructure, and providing funding to community partners and programs. It also warms my heart to see how they recognize and support our health care team, whether celebrating their hard work, funding education or assisting in a time of need. Deciding to leave a legacy gift was easy as we know the Foundation will continue to make profound impacts on the team at St. Luke’s Wood River and to the community it serves.”

Joy Prudek, Legacy Society Member

Join our Legacy Society. Call 208-727-8419.



If your estate plans include a gift to St. Luke’s Wood River Foundation, please let us know. We want to thank you for your generosity, honor your wishes and invite you to our Legacy Society.



PO Box 7005
Ketchum, ID 83340

Contact Us:

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208-727-8419
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To learn more about the impact of your generosity, please visit slwrf.org or scan the QR code.

Your generosity impacts lives. Makes a difference. Heals.

Highlights in Giving

Congratulations to the caregivers and individuals who have been honored through a gift to St. Luke’s Wood River Foundation.

In Honor of:

Dr. Christopher Bodle	Eileen Hansen
Dr. Tony Buoncristiani	Joyce and Larry Lacerte
Emergency Department (6)	St. Luke’s Wood River doctors and nurses
Dr. Amy Drumm	Sydney Stone

We recognize the legacy of the following individuals who have been lovingly remembered through a gift to St. Luke’s Wood River Foundation.

In Memory of:

Adilya Brown	Cynn timer Griffin	Stuart Mason
Kyler Efinger (55)	Jeremy Hellmann (3)	Maria Morales
Jeannine Foster (8)	Margaret Houston	Dr. Terry O’Connor (4)
Norman Friedman	Rod Kagan	Zach Patterson

Gifts donated Jan. 12, 2024, to May 28, 2024. To honor a caregiver or loved one, please call St. Luke’s Wood River Foundation at 208-727-8416

The Foundation Honors Nursing Excellence

St. Luke’s Wood River Foundation recently awarded the **2024 Carl A. Gray Memorial Award for Nursing Excellence to Scott Kelly, RN, BSN**, administrative supervisor for the medical-surgical and mother-baby units as well as the Emergency Department.

The Foundation also honored nurses with awards of distinction in specific areas of the St. Luke’s core values:

Integrity – Annie Leady, BSN, RN, CPAN (Surgical Services)

Compassion – Brandy Herold, RN, ASN (family medicine)

Accountability – Jasmine Schofield, RN (mother-baby unit)

Respect – Janet Barton, RN, BSN (mother-baby unit)



Left to right: The 2024 Carl A. Gray Memorial Award for Nursing Excellence recipient Scott Kelly with award of distinction honorees Brandy Herold, Annie Leady, Jasmine Schofield and Janet Barton.