

### St. Luke's Wood River Foundation

**Mission:** To inspire generosity that improves health and well-being in the community.

**Vision:** We envision a community where generosity ensures clinical excellence and empowers health for all.



## Save the Dates!

### J. McLaughlin Sip & Shop

We invite you to stop by J. McLaughlin in Ketchum on Friday, Aug. 11, for a Sip & Shop to support St. Luke's Wood River Foundation. The fall collection will have just arrived, and 15% of sales will be donated to the Foundation.

### Doing Well by Doing Good

Please join Bob Hoffman, executive vice president at Thompson & Associates, for a free seminar on Wednesday, Sept. 13, from 10:30-11:30 a.m. Learn how to use strategic retirement and estate-planning techniques to maximize your assets and minimize your taxes while taking care of your loved ones and community. Contact Betsy Mullins at [mullinse@slhs.org](mailto:mullinse@slhs.org) or 208-727-8419 to reserve a seat.



Adri Torfin, RN (second from left), winner of a trip to Mexico donated by a Foundation board member, congratulated by (from left to right) Buddy Wilton, board member; Pete Smith, board president; and Megan Tanous, Foundation chief development officer.

### Annual Employee Giving Campaign

This year's campaign took place from May 1 to 12 with a Cinco de Mayo theme. Participation was outstanding with 94% of employees and 74% of physicians giving to support health in our community.

### It's time to celebrate!

The Chartis Center for Rural Health named St. Luke's Wood River a 2023 Top 100 Critical Access Hospital. We are grateful for our community's generosity, which helps make our hospital exceptional.

## Donations Make State-of-the-Art Cardiac Equipment a Reality

Philanthropy has equipped St. Luke's Wood River Medical Center with the newest cardiac equipment to enhance patient care.

Support from the community made it possible to invest in new, state-of-the-art electrocardiography and echocardiography machines. This equipment's technology produces higher-quality cardiac images than the older machines they replaced. The echocardiography machine will provide better evaluation of diseases, such as cardiomyopathy, heart failure and heart function, through its high processing power as well as its exceptional image clarity and sharpness.



*Dr. David Laxson, cardiologist at St. Luke's Wood River.*

"An upgraded echocardiography unit, with its capacity for incredibly detailed and precise cardiac imagery, is vital to continuing and upgrading our standard of care," said David Laxson, MD, a cardiologist with St. Luke's Wood River. "This generous investment will improve both health outcomes and patient experience."

The Foundation's commitment to cardiac care will extend to helping fund the staff needed to use the new machines at their full potential. Community generosity makes it all possible.

"We are most grateful for the generosity that enables us to ensure high quality patient care," said Almita Nunnelee, chief operating officer, chief nursing officer for St. Luke's Wood River.



*Lisa Genova, PhD, will speak in Ketchum on Aug. 2, 2023.*

## Speaker Series Brings Renowned Neuroscientist and Author to Our Community

St. Luke's Wood River Foundation welcomes renowned neuroscientist and New York Times bestselling author Lisa Genova, PhD, on Wednesday, Aug. 2, 2023, for this year's Health and Well-Being Speaker Series event. Genova's talk, "Remember: The Science of Memory and the Art of Forgetting," will take place at the Church of the Big Wood in Ketchum at 5:30 p.m.

Genova is a Harvard-trained neuroscientist. Inspired by neuroscience and the human spirit, her bestselling work includes "Still Alice" (now an Oscar-winning film) and the

book on which her talk is based, "Remember: The Science of Memory and the Art of Forgetting." Her research focuses on the intersection of neuroscience and fiction, and it explores how we can use storytelling to better understand complex neurological disorders such as Alzheimer's disease, Huntington's disease and Lou Gehrig's disease (also called amyotrophic lateral sclerosis, or ALS).

During the talk, Genova will delve into the fascinating world of memory, discussing the latest research on how our brains store and retrieve information as well as why some memories stick with us while others fade away. She will explore the various factors that can influence memory, including age, genetics and lifestyle choices, and offer practical tips for maintaining good brain health and memory function as we age.

Genova's talk is a must-see event for anyone interested in neuroscience, psychology or the workings of the human brain. This is a free community event made possible through our donors' generosity, but online reservations are required. Please visit [slwrf.org](http://slwrf.org) to learn more.



# Consider Your Legacy

## Giving Through a Beneficiary Designation

Times of uncertainty and risk invite us to consider the impact we would like to leave on the world.

As you reflect on your future legacy, please consider making a planned gift to support health using a beneficiary designation. Giving through a beneficiary designation is an often-overlooked strategy; it can potentially result in more of your assets going to your heirs.

The distribution of assets passing through your probate estate is determined by your will. If you have a living trust, it only distributes assets owned by the trust. You may own many assets for which distribution is not controlled by your will or living trust. These assets will pass to your heirs or others named as beneficiaries in documents separate from your will or living trust. A beneficiary designation controls who gets assets such as retirement accounts, life insurance policies, bank accounts, investment accounts and commercial annuity contracts.

A beneficiary designation is a simple way of including the Foundation on your estate plan. The best method is to name St. Luke’s Wood River Foundation in your plan’s beneficiary designation form.

If you would like to more information on how to support health through your estate plan, please contact Betsy Mullins at mullinse@slhs.org or 208-727-8419.



Charles Stuhlberg, Legacy Society member.

## A Lasting Legacy

“Our community hospital takes care of all of us no matter one’s finances. Each donation benefits the entire community at all levels. Our community hospital is a key pillar that keeps the village together.”

Charles Stuhlberg, Legacy Society Member

Join our Legacy Society.  
Call 208-727-8419.



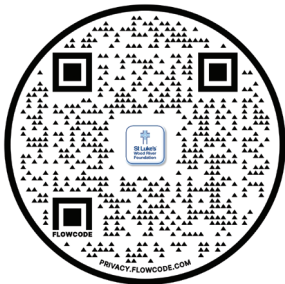
If your estate plans include a gift to St. Luke’s Wood River Foundation, please let us know. We want to thank you for your generosity, honor your wishes and invite you to our Legacy Society.



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Contact Us:  
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208-727-8419  
slwrf.org

To learn more about the impact of your generosity, please visit [slwrf.org](http://slwrf.org) or scan the QR code.



Your generosity impacts lives. Makes a difference. Heals.

## Highlights in Giving

Congratulations to the caregivers and individuals who have been honored through a gift to St. Luke’s Wood River Foundation.

### In Honor of:

Dr. Daniel Abenroth	Dr. Matt Kopplin (2)	The Palmer Family
Sarah Armstrong, DPT (2)	Coleman Lay, OT	Dr. Kathryn Reese
Dr. Brock Bemis	Dr. Karin Lindholm	Dr. Rhonda Robbins (2)
Nikki Doll	Medical-Surgical Unit	St. Luke’s Wood River Foundation
Emergency Department (4)	Dr. Aaron Moos	Dr. Jim Torres
Dr. Dan Fairman (2)	Dr. Leigh Morse	The Wick Family
Dr. John Hatzenbuehler	Nursing Staff (2)	Wound Care Team

We recognize the legacy of the following individuals who have been lovingly remembered through a gift to St. Luke’s Wood River Foundation.

### In Memory of:

Nancy Coolley	Carl Gray	Gretchen Palmer (6)
Jack Corrock	Harvey Gray	Michael Phillips
Lila Corrock	Helen Houser	Karl Stingl (7)
Margo de Peyster	Jeanine and Dick Loudon	Gene Whitmyre
Norman Friedman	Stuart Mason	

Gifts donated between Jan. 5, 2023, and May 31, 2023. To honor a caregiver or loved one, please call St. Luke’s Wood River Foundation at 208-727-8416.

## Nursing Excellence Award Goes to Jennifer Rablin, RN-BC, ADN



Jennifer Rablin, RN-BC, ADN (second from right), recipient of the 2023 Carl A. Gray Memorial Award for Nursing Excellence, alongside awards of distinction honorees, (from left to right) Janet Barton, RN, BSN; Hadly Steel, RN, BSN, RNBC-AMB; Scott Kelly, RN, BSN; and Jennifer Merrick, RN, BSN, CAPA.

St. Luke’s Wood River Foundation’s board of directors and the Harvey Gray family recently awarded the 2023 Carl A. Gray Memorial Award for Nursing Excellence. Each year, the entire hospital staff nominates nurses who exemplify excellence in their nursing practice. The nursing staff then votes on the colleague they believe is most deserving of recognition. This year, **Assistant Nurse Manager Jennifer Rablin, RN-BC, ADN**, was overwhelmingly the staff’s choice to receive the nursing excellence award. Congratulations, Jennifer! Thank you for all you do for your patients.