

The Heart of Health Care

Summer 2022

St. Luke's Wood River Foundation

Mission: To inspire generosity that improves health and well-being in the community.

Vision: We envision a community where generosity ensures clinical excellence and empowers health for all.



Housing for Health Care Workers Nears Completion

The limited availability of affordable housing to rent or own significantly impacts the ability to recruit and retain critical health care workers in the Wood River Valley. Last year, St. Luke's Wood River Foundation, St. Luke's Wood River Medical Center and ARCH Community Housing Trust came together in a visionary partnership to build 12 new homes, which will help ensure quality health care in our community for years to come. We are grateful for the community generosity that made the project a reality.

Four new single-family homes, located in Hailey, are nearing completion. These three-bedroom homes will be long-term rentals for St. Luke's Wood River employees. Construction on the remaining eight units, located in Hailey and Bellevue, will begin later this year. To learn more about supporting housing for health care workers, contact Megan Tanous at 208-727-8444.





Lauren Hoover Receives Carl A. Gray Memorial Award for Nursing Excellence

St. Luke's Wood River Foundation's board of directors and the Harvey Gray family recently presented Lauren Hoover, RN, with the 2022 Carl A. Gray Memorial Award for Nursing Excellence. The Gray family established the annual award in the Foundation to honor Harvey's father, Carl A. Gray, an active member of the Sun Valley Ski Club and the Wood River Valley community. Each year, the nursing staff votes to celebrate a nurse who exemplifies nursing excellence.

A nursing colleague described Lauren as a "true emergency room nurse, always ready for the unexpected." Lauren advocates for her patients as well as inspires her fellow nurses and coworkers.

Lauren is a second-generation St. Luke's Wood River employee. Her mom, Stacey Doby, is the senior practice director for Surgical Services and has worked at the hospital for 21 years. "Lauren was destined to be in in health care," said Stacey. "I was a single mom, working in health care administration, and I brought her to all the events at the hospital. Growing up, she did not know anything but health care and working with nurses."

Lauren began her health care career as a high school student, cashiering in the St. Luke's Wood River cafeteria after school and on the weekends. She went on to work in several other roles and departments, including patient admissions. When Lauren went away to college, she continued to work at the hospital over holiday and summer breaks.

A few years after earning her degree in exercise physiology, Lauren decided to become a nurse. A health care scholarship, funded through community generosity and St. Luke's Wood River Foundation, helped her return to nursing school at the College of Southern Idaho's Blaine County campus.

Throughout her life, Lauren has sought out ways to care for others. In high school, in addition to her path in health care, Lauren volunteered at Camp Rainbow Gold as a junior counselor and later became the assistant director there. And, today, her proudest accomplishment is her daughter, Hayes. In both her professional and personal lives, Lauren's caring spirit nourishes others. The award recognizes Lauren's lifelong commitment to caring for our community.

Helping Patients in Need

Gretchen Palmer Patient Assistance Fund

Gretchen Palmer was an accomplished college athlete, avid skier, generous friend, vibrant Sun Valley community member, and a loving wife, mother and grandmother. Known for her positive and caring spirit, Gretchen brought happiness to all who knew her. She was beautiful inside and out.

In 2019, Gretchen learned she had glioblastoma multiforme, an aggressive type of cancer, and a tumor in her brain. True to her bright nature, she endured surgeries, treatments and countless challenges for two years without losing her sense of humor or optimism. When she passed away in May 2021, she left behind a legacy of love and resilience that continues to inspire her family, friends and community.

To honor Gretchen's legacy, the Palmer family created the Gretchen Palmer Patient Assistance Fund to support Wood River Valley patients fighting cancer and other serious illnesses. The Foundation is grateful to Gretchen's family and friends for their vision and support of this effort. "Our hope is to honor Gretchen and pay it forward," said Terry Palmer, Gretchen's husband.

The Gretchen Palmer Patient Assistance Fund will help patients and their families with non-medical expenses such as transportation, lodging, utilities, groceries and other necessary items as well as assist with medication and medical supply costs. The support provided by the Gretchen Palmer Patient Assistance Fund will help ease the pressures on patients and their families, allowing them to focus on their health and well-being. To support this effort, visit slwrf.org, or contact Betsy Mullins at 208-727-8419 or mullinse@slhs.org.

Consider Your Legacy: A Lasting Gift

Giving Through a Beneficiary Designation

Times of uncertainty and risk give us pause to reflect on the impact we would like to leave on the world—the legacies that will live on. Please consider making a planned gift to support health using a beneficiary designation as part of your legacy.

Giving through a beneficiary designation is an often-overlooked option, yet it can potentially result in more of your assets passing down to your heirs. The distribution of assets passing through your probate estate is determined by your will. If you have a living trust, it only distributes assets owned by the trust. You likely own many assets for which distribution is not controlled by your will or living trust. These assets will pass to your heirs or others named as beneficiaries in documents other than your will or living trust.

A beneficiary designation controls who gets assets like retirement accounts, life insurance policies, bank accounts, investment accounts and commercial annuity contracts. If you would like to continue to support health and well-being in our community for years to come, a beneficiary designation is a simple way of including the Foundation in your estate plan. The best method is simply to name St. Luke's Wood River Foundation on your plan's beneficiary designation form.

If you would like more information on how to support health through your estate plan, contact Megan Tanous at thomasme@slhs.org or 208-727-8444.



If your estate plans include a gift to St. Luke's Wood River Foundation, please let us know. We want to thank you for your generosity, honor your wishes and invite you to our Legacy Society.



Ruth and Roger Miller

A Lasting Legacy

St. Luke's Wood River Foundation is grateful to receive a generous gift from Ruth and Roger Miller that will improve health and well-being in the community for years to come. True to their lives of giving, Roger and Ruth's generosity continued after their passing. The gift from their estate will help ensure clinical excellence and empower health for all in the Wood River Valley.

"We feel a responsibility to give back wherever we can and have an invested interest in improving the quality of infusion services," Roger said about their gift. "We are happy to give back to such a remarkable hospital with such remarkable people."

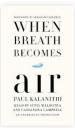
Join our Legacy Society. Call 208-727-8444.



P.O. Box 7005 Ketchum, ID 83340

Contact Us:

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You're Invited!

Join us for our 2022 Health and Well-Being Speaker Series.

Your generosity impacts lives. Makes a difference. Heals.

Highlights in Giving

Congratulations to the caregivers and individuals who have been honored through a gift to St. Luke's Wood River Foundation.

In Honor of:

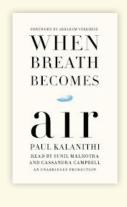
Emergency Department Emily Karrasik
Dr. Dan Fairman (3) Dr. Leigh Morse
Betsy Gates Dr. Rhonda Robbins
Dick Hare Buddy Wilton and Shay Doll

We recognize the legacy of the following individuals who have been lovingly remembered through a gift to St. Luke's Wood River Foundation.

In Memory of:

Ger Rudolf Andlinger II JoAnn Boswell Norman Friedman Harvey and Carl Gray Jeanine Loudon Gretchen Palmer (28) Carol Shephard (7)

To honor a caregiver or loved one, please call St. Luke's Wood River Foundation at 208-727-8416.



Join Us To Be Inspired

Please join St. Luke's Wood River Foundation in welcoming Lucy Kalanithi, MD, on August 3, 2022, for our annual community Speaker Series.

Dr. Kalanithi is a clinical associate professor of medicine at the Stanford University School of Medicine and the widow of the late Dr. Paul Kalanithi, author of the #1 New York Times bestselling

memoir, "When Breath Becomes Air," to which she wrote the epilogue. Dr. Kalanithi completed her medical degree at Yale; her residency at the University of California, San Francisco; and a postdoctoral fellowship in health care delivery innovation at Stanford's Clinical Excellence Research Center.

The free event begins at 5:30 p.m. at the Argyros Performing Arts Center in Ketchum. For more information, please visit slwrf.org. Reservations are required.