

## St. Luke's Wood River Foundation

**Mission:** To inspire generosity that improves health and well-being in the community.

**Vision:** We envision a community where generosity ensures clinical excellence and empowers health for all.

## Early Breast Cancer Screening for All

St. Luke's Wood River Foundation honors and recognizes National Breast Cancer Awareness Month in October. One way the Foundation will continue to advocate for breast cancer screening and awareness is to offer free mammogram services to the underserved people in our community.

Thanks to community generosity, St. Luke's Wood River Foundation provides funding for screening and diagnostic mammograms and/or breast ultrasounds for patients 25 years and older to identify and treat breast cancer at an earlier stage—when the potential for successful treatment is highest. The Foundation works to encourage those in high-risk populations, including community members with lower incomes and/or without insurance, to take advantage of this service. The project removes the cost of the exam as a barrier to those who may not qualify for other government-funded programs.

This project aligns with the Foundation's commitment to the Women's Imaging Center as well as its support of breast care and women's services. Please contact St. Luke's Imaging Center at 208-727-8190 to receive more information about how to receive a no-cost mammogram.



*Dr. Hatzenbuehler utilizes the new ultrasound machine's state-of-the-art technology.*

## New Ultrasound Machine Helps Ensure Clinical Excellence

This summer, St. Luke's Clinic – Sun Valley Sports Medicine received a state-of-the-art ultrasound machine funded by the generosity of St. Luke's Wood River Foundation donors. This technology can lead to improved outcomes for patients undergoing ultrasound-guided procedures as well as lessen the need for more expensive tests, such as MRIs, by improving a doctor's ability to identify injuries in the clinic.

The clinic's previous machine, due to its size and outdated technology, could not move easily between offices. It was in use for 13 years and its capabilities were limited.

"This new ultrasound machine is incredibly beneficial to our patients," said John Hatzenbuehler, MD, a physician with St. Luke's Wood River Medical Center who has a special interest in sports medicine. "It ensures increased accuracy and visualization during my procedures to improve outcomes and the patient experience. I am thrilled generosity had made this technology possible."

The new ultrasound machine will be used primarily for simple outpatient procedures for orthopedic injuries. Its technology will allow a doctor to see the field for a procedure much more clearly than with the outdated machine. For example, its sharper image will allow doctors to position needles very precisely, increasing the effectiveness of injections performed in the clinic. The new machine benefits both doctors and patients, improving safety and patient outcomes.



*Sarah Armstrong, DPT, provides lymphedema treatment.*

## Generosity Expands and Improves Lymphedema Treatment

St. Luke's Wood River Foundation was thrilled to have the opportunity to help improve lymphedema care in the Wood River Valley and beyond. Through community generosity, the Foundation brought lymphedema treatment education and certification to St. Luke's physical therapists across Idaho. The training was offered by Norton School of Lymphatics, the gold standard for lymphedema treatment education.

Lymphedema, tissue swelling caused by an accumulation of fluid, is a chronic condition that can increase patients' health care costs and, if not treated appropriately, contribute to a poorer quality of life. St. Luke's needed more certified lymphedema therapists across the system to enable timely treatment and provide ongoing care for patients. Bringing a training and certification course to St. Luke's physical therapists means our patients receive the care they need to manage their lymphedema—which improves their lives, too.

Sarah Armstrong, DPT, one of two certified lymphedema therapists with St. Luke's Wood River, is already improving the health and well-being of her patients.

"Becoming a trained, certified lymphedema therapist has given me the great privilege of providing a much-needed service to our community," Sarah said. "Lymphedema therapy helps to improve functional mobility and quality of life for our community members ... I am grateful for the Foundation's dedication to maximizing our community's health and wellness."



*The Foundation funds free breast cancer screening for community members who qualify for mammogram scholarships.*



# Consider Your Legacy: A Lasting Gift

One of the easiest, most meaningful and enduring legacy gifts is to include a bequest to St. Luke's Wood River Foundation in your will or revocable living trust. This allows you to plan in the present to meet the needs of yourself and your heirs while also investing in the health of future generations. You can impact your community's health care in ways that endure far beyond your lifetime.

If you would like to set up a gift, consider including this language in your will or trust for an unrestricted bequest: "I give to St. Luke's Wood River Foundation, an Idaho charitable organization, the sum of \$ \_\_\_\_\_ [or in the case of property, describe] to be used for the benefit of St. Luke's Wood River Foundation in such a manner as determined by St. Luke's Wood River Foundation." If you have already prepared your will or revocable living trust but would like to include St. Luke's Wood River Foundation as a beneficiary, a simple codicil or amendment can be added easily.

An outright charitable bequest through your will or revocable living trust to St. Luke's Wood River Foundation is not subject to federal estate or gift taxes; it is deductible when calculating your taxable estate and there is no limit on that deduction. Be sure to check any applicable state laws for restrictions that may apply. As with all forms of planned giving, professional financial advice is important.

We would be happy to work with you, and/or with your financial advisors, to develop a plan tailored to your desires and requirements. If you would like more information on how to support health through your estate plan, contact Betsy Mullins at mullinse@slhs.org or 208-727-8419.

If your estate plans include a gift to St. Luke's Wood River Foundation, please let us know. We want to thank you for your generosity, honor your wishes and invite you to our Legacy Society.



Joy and Jack Prudek. Joy is the manager of public relations at St. Luke's Wood River. She and Jack are members of the Legacy Society.

## A Lasting Legacy

"During my time at St. Luke's, I have witnessed how the SLWR Foundation has been able to make a difference in the level of care provided to our community through purchasing equipment, investing in infrastructure, and providing funding to community partners and programs. It also warms my heart to see how they recognize and support our health care team, whether celebrating their hard work, funding education or assisting in a time of need. Deciding to leave a legacy gift was easy as we know the Foundation will continue to make profound impacts on the team at SLWR and to the community it serves."

Joy Prudek, Legacy Society Member

Join our Legacy Society.

Call 208-727-8419.



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### Contact Us:

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208-727-8419  
slwrf.org



### October is Breast Cancer Awareness Month.

Schedule a mammogram for yourself, and encourage a loved one to do so, too.

*Your generosity impacts lives. Makes a difference. Heals.*

## Highlights in Giving

Congratulations to the caregivers and individuals who have been honored through a gift to St. Luke's Wood River Foundation.

### In Honor of:

Emergency Department	Tori Morison
Dr. Tom Archie	Dr. Leigh Morse
Marsha Edwards	Nursing staff
Dr. Dan Fairman (2)	Dr. Terry O'Connor
Jesse Foster	Lacey Michelle Oneida
Dr. John Hatzenbuehler	Megan Smith
Dr. Matt Kopplin and staff	Lisa Wild
Colman Lay	

We recognize the legacy of the following individuals who have been lovingly remembered through a gift to St. Luke's Wood River Foundation.

### In Memory of:

Bob "Beats" Beattie	Gretchen Palmer (31)
Craig Campbell (2)	Carol Shephard
Emil Capik	Jane Shoemaker
Kelly Patrick Longe	Will M. Storey
Jeanine and Dick Loudon (5)	

To honor a caregiver or loved one, please call St. Luke's Wood River Foundation at 208-727-8416.

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## Employees Give Generously

This year, 84% of physicians and a record 93% of St. Luke's Wood River employees kindly supported St. Luke's Wood River Foundation during the annual Employee Giving Campaign.

"I am humbled by the generosity of the employees," said Megan Tanous, the Foundation's chief development officer. "St. Luke's Wood River employees are deeply committed to providing superior, patient-centered care and are an integral part of our generous community of donors."

Staff members donated to funds that support fellow Wood River employees, staff education, community programs and scholarships.



The Foundation is grateful to the Food and Nutrition Services team, which had 100% participation in the 2022 Employee Giving Campaign.