



Give to empower a  
healthy community  
2015 DONOR IMPACT REPORT

# Your Gifts in Action

Each and every investment in St. Luke's Wood River Foundation enhances the health of the community you know and love. Your gifts make a true and measureable difference in the lives of others.

## 3D

New state-of-the-art lifesaving mammography services with the new 3-D technology

## Top 5%

Ranking of our emergency department as determined by our patients.\*



## \$22,333

Awarded for staff education.

## 10 Grants

Awarded to Blaine County nonprofits to strengthen programs that improve the health of our community.



## Mental Health

Expanded mental health services with the addition of 1 full-time nurse and 1 licensed clinical social worker.

## NEW

Oncology Infusion Center under construction.

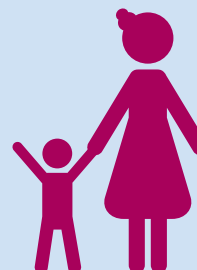


## 95%

St. Luke's Wood River employees who gave to further exceptional care.

## 392

Young patients cared for by our pediatrician.



*\*Press Ganey Small Hospital Database*





## Dear Friends,

Thank you for making a difference in the lives of others. We are truly grateful for the generosity of individuals, families, and organizations for investing in the health and well-being of our community. Your gifts are the heart of everything we do.

The steadfast commitment of our philanthropic community makes possible a level of health and care that far exceeds what is typically found in a small, rural community. We are continuously inspired by your giving, which built and equipped our hospital and continues to drive our future.

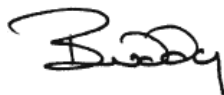
As a not-for-profit hospital, St. Luke's Wood River reinvests all earnings into patient care. Philanthropy provides essential support as we work strategically to expand services, enhance care, advance technology, and develop innovative health and wellness programs.

This past year, your gifts helped bring state-of-the-art 3-D mammography, begin construction on a new oncology infusion center, expand mental health services, improve emergency services, and strengthen community partnerships. In the pages that follow, we invite you to read about the impact of your gifts.

Thank you for partnering with St. Luke's Wood River Foundation.

Your generosity profoundly impacts the health and care of our community.

With gratitude,



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St. Luke's Wood River Foundation



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**Cody Langbehn**  
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*\*In memoriam*

# All for One and One for All

## Community Supports Infusion Patients

“Receiving a cancer diagnosis is like free-falling into the unknown,” says Liz Corker, mother of two, finance professional, and long-time advocate for children and education.

Liz grew up in Connecticut and was living with her husband, Bob Corker, in the New York City metro area when the couple decided to move with their family to Sun Valley. The move was motivated by a desire for a better quality of life. Here they could enjoy more time with their children and more time spent Sun Valley style: skiing, hiking, mixing, mingling, and making a difference.

In May 2015, Liz’s world changed dramatically when she was diagnosed with breast cancer. After her diagnosis, her time was consumed by long-distance chemotherapy treatments. For the first two months, Liz received treatment in Boise and Twin Falls. The commutes were difficult given her commitments as a mother and vice-chair of the Blaine County School District Board of Trustees. After two months of traveling for care, she transitioned her treatment to St. Luke’s Wood River. Local chemotherapy made a significant difference in her overall wellbeing. Bob could bring her lunch, her friends could visit in the chemo suite, and she grew close to members of the community she met during treatment.

At the same time, Liz was deeply supported by the St. Luke’s Wood River infusion nurses. Not only did the women administer her chemotherapy treatments, they provided the emotional support essential to her recovery. “We have a bond unlike any other,” Liz says.

The first St. Luke’s Wood River infusion room opened in 2009 adjacent to the emergency department. Community generosity made the remodel a reality. In 2010, infusion services had 65 patient visits. By 2014, Wood River staffed 1,039 infusion appointments, and in 2015 visits were up 35 percent.

While the original infusion room at St. Luke’s Wood River made it possible for patients to receive treatment close to home, it was a modest facility.

Over time, it was clear the people of the Wood River Valley deserved better. “The infusion space just didn’t stand up to the otherwise amazing St. Luke’s Wood River facility and patient experience,” Liz explains. Because this community refuses to stand idly by, the call to expand infusion services was answered with an outpouring of generosity. Nearly \$1 million was raised in less than a year to build and equip an expanded Infusion Center.

“I’m constantly amazed by the compassion of the people here,” Liz says. “I always felt supported. I never felt alone.”

Thanks to community generosity, the new Center—with four infusion chairs, a comfortable waiting room, and views of the mountains—will open in June 2016 and will radically improve the patient experience. The Center will echo the natural beauty of the Wood River community by incorporating natural light and scenic views. The capacity for care will double, giving patients the option to receive care in a private suite or semi-private treatment area.

Treatments include chemotherapy for cancer patients and a variety of infused drugs to treat other chronic diseases.

“Positive physical spaces can be very healing,” Liz says. “I’m so grateful to the people who made the new Infusion Center possible. This place, because of its beautiful design and the compassion of the caregivers, will be a calm center for patients who need to feel safe and well cared for during difficult times.”

With the help of her family, caregivers, and community, and her own strength of soul, Liz’s chemotherapy will wrap up in July 2016, one month after the new Infusion Center opens. In the weeks before her last treatment, Liz has planned a family trip to Hawaii. “We’re going to Hawaii to celebrate the beauty of life and family in a magical place.”





*“I’m constantly amazed by the  
compassion of the people here.”*  
Liz Corker

# The Little Things that Count

## Compassionate Care Fund helps those in need

Sue Gibson moved to the Wood River Valley—sight unseen—in the late 1960s. She enjoyed hiking and camping in the Sawtooth Mountains. She was part owner of the Answering Service business in Ketchum and later worked as an interior designer, meeting many interesting friends along the way. It's the sense of community and her dear friends that Sue loves most about the Wood River Valley.

One friend in particular, Erin Buell, through her position at St. Luke's Center for Community Health, has played an important role in Sue's health.

"Erin has helped me so many times," Sue says. "She has done so much—above and beyond the call of duty."

Sue praised the work of Erin, a community outreach coordinator with the Center for Community Health in Hailey. As part of the Center's team, Erin spends time with individuals to understand their health needs. Her role is to help patients navigate the healthcare system and connect them to social services, as well as to provide referrals and community health education.

"She came in to save the day," Sue says.

Sue suffers from chronic obstructive pulmonary disease (COPD), a lung disease that requires her to use oxygen. A typical oxygen tank is heavy and difficult for someone of Sue's petite size to maneuver.

Instead, Sue uses a portable oxygen concentrator, which is light and small—the size of a purse. The tank was a gift from a generous stranger; its portability gives Sue peace of mind. Unfortunately, when the specialty tank malfunctioned, it proved expensive to repair. Sue turned to Erin for help.

Erin accessed funding for Sue through the newly-established St. Luke's Wood River Compassionate Care Program. The Compassionate Care Program helps those in need by assisting with the cost of lodging, transportation, medical supplies, medications, and other necessities for St. Luke's patients who don't have the means to pay for them themselves.

St. Luke's Wood River Foundation funded the program in partnership with the Medical Center in the fall of 2015. The goal of the program is to keep our community well and avoid health crises.

For Sue, the Compassionate Care Program helped fund a portion of repair costs for her oxygen tank, and the staff at the Center provided emotional support in a time of crisis.

"The program was the answer to my prayers," Sue says.





*“Erin has helped me so many times. She has done so much—above and beyond the call of duty.”*

Sue Gibson

# A Commitment to Community: The Legacy of Dayle Fowler

“Dayle Fowler was the most generous person I’ve ever met,” Norm Leopold said one bright day in March this year. A friend of Dayle’s for more than four decades, Norm speaks with some authority on the subject. “I can tell you with great sincerity that there was nobody with a cause that she wouldn’t help out. People would call her up—total strangers—and she would extend help to them, typically financial help.”

A fervent supporter of St. Luke’s Wood River Foundation and a member of the St. Luke’s Volunteer Board who was passionately involved in putting on the Annual Winter Gala, Dayle died in a traffic accident on June 28, 2011, at the age of 62. True to a life of giving, Dayle’s generosity continued on in her passing with a planned estate gift to St. Luke’s Wood River Foundation.

Norm, who is the executor of Dayle’s estate, met Dayle in 1978 when he happened to move into the same Seattle apartment complex as she. They became good friends over the years, a friendship that continued when Leopold and his wife moved to the Wood River Valley in 2001. Dayle, who was an avid skier and former ski patroller, moved here a few years later and actually bought her mid-valley house from Norm.

After the passing of her husband, Dayle became “... deeply committed to her community, whether it was the Seattle or Bellevue, Washington area,” Norm says. “And when she moved here, that same commitment to community was her major daily activity.” She threw her energies into her passions, which included jazz, gardening, art, and healthcare. She became an

ongoing supporter of the Idaho Jazz Society, Sawtooth Botanical Gardens, St. Luke’s Wood River Foundation, and Camp Rainbow Gold. And in her passing, she made generous provisions for all in her will with planned gifts. Her estate was split among these four institutions and four family trusts.

“In passing, Dayle wanted to remember those institutions that meant so much to her in life,” Norm says. “She knew that there would be considerable money and that that money could do more good on her passing than when she was here.”

Norm points out that because Dayle and her estate lawyers planned so carefully and thoughtfully ahead of time, the estate faced no inheritance taxes whatsoever.

The ultimate beneficiary, however, will be the Wood River Valley community. The funds made available by the Fowler estate will serve to continue and expand the tradition of excellence in healthcare services in the valley. From board certified physicians in the emergency department to state-of-the-art staff training tools, from a new mental health services network to high level pediatric care, Dayle’s thoughtfulness will impact generations of patients in the Wood River Valley.





*“In passing, Dayle wanted to remember those institutions that meant so much to her in life.”*

Norm Leopold

# Of Kindness and Kin

## Local Family Shares Legacy of Generosity

St. Luke's Wood River has cared for nearly every branch of the Luckman-Logan family tree. Grandparents, Alison and Jim Luckman, son and daughter-in-law, Kristy and Tom Logan, and their young children, Gracie and Robert James Logan each have a story to tell. For Alison, a stroke, addressed so quickly and expertly, now it's as if it never happened. For Jim, cardiac complications that could have been compromising, have had few long-term effects. For Kristy and Tom, their two beautiful children, both born at St. Luke's Wood River, were shown the most gracious, compassionate care imaginable.

"You know, we wouldn't live here if it weren't for the hospital," Alison says confidently. And, likewise, St. Luke's Wood River, as it stands today, would not be here without the generosity of the community and families like the Luckmans and Logans. Their kindness is deeply woven into the quality of care they experience.

Around every corner, the hospital is a reflection of the kindness of the community. For the Luckman-Logan family, superior emergency services and mother-baby care were essential. Rarely does a critical access emergency room provide 24/7 board certified emergency physicians and some of the most advanced medical technology available. The premier accommodations of the Mother-Baby Unit are a cut above because of community generosity, including the rocking chairs in each room. The rockers themselves—a gift from the Luckmans and Kristy's parents, Sheril and Robert Freedman—were inspired by baby Gracie, three years ago.

Nowadays, Gracie proudly dotes on her baby brother. The family credits their loving brother-sister dynamic to careful socialization introduced by St. Luke's Wood River Mother-Baby nurse, Molly Fox. One day after RJ was born, Molly offered to watch the baby while Kristy and Gracie enjoyed quality time together. When Molly sensed the time was right, she placed baby RJ between Kristy and Gracie. That Molly was the one to help bridge the bond between new siblings deeply moved the family.

"Gracie has never been jealous of RJ," Kristy says. "She always points to him saying, 'that's my brother, isn't he so cute?' I know the way Molly introduced RJ and Gracie positively shaped their relationship."

Within every story, the compassion of the St. Luke's Wood River staff shines bright. When Jim and Alison had their respective trips to the emergency department, the staff diligently cared for both parties. "The staff not only address the immediate physical needs of the patient, they address the emotional needs of the whole family," Alison says.

This sentiment rings true for Tom and Kristy, too. "The entire nursing staff in the Mother-Baby Unit is phenomenal," Kristy says. "They did everything conceivable to ensure all of us: my parents, husband, daughter, newborn, and I, were all well, at all times, physically and mentally."

The quality of care the family has received at St. Luke's Wood River is paramount. For each generation, the life so enjoyed in the Wood River Valley is possible because of quality healthcare, and quality healthcare is possible because of the kindness of the community.





*“The staff not only address the immediate physical needs of the patient, they address the emotional needs of the whole family.”*

Alison Luckman

# All in the Family

## Investments in education deliver benefits for all

Erika Monjaras, a member of the St. Luke's Wood River labor and delivery team, is just the person you'd want greeting your newborn as he or she enters the world. She is bright, sunny, quick to smile, and full of happy energy. It's hard not to think she was simply born to help others give birth.

Of course, landing where she has landed—Erika began her current position in February 2014—took a great deal of work and dedication on her part, as well as support from the St. Luke's community. Her journey began in 2001, when, as a sophomore in high school, her parents moved her to the Wood River Valley from Watsonville, California. As she describes it, slightly mocking her teenage self back then, "I was devastated, thinking (of my parents) this is the worst thing you can do!"

Erika's mother began working in the St. Luke's Wood River kitchen (and does to this day). She subsequently convinced Erika to apply for a job there as well. As a bilingual 16-year-old, Erika was soon hired to work after school two days a week. She delivered menus and food to patients, then cleaned up after meals.

Graduating from high school in 2003, Erika knew she wanted to continue her education, but money was tight. Enter the late Jim Cimino, whose foundation offered her a full scholarship to attend the College of Southern Idaho (CSI). "So I took it," she says without missing a beat. Erika continued to work at the hospital—in patient admissions, then as a secretary for the Medical-Surgery (Med-Surg) department—all the while commuting to Twin Falls for classes.

It was in Med-Surg that Erika was exposed to the real happenings in a hospital and she "...fell in love with nursing." That experience inspired her to complete a Certified Nursing Assistant program. Also a new mother at the time, Erika asked to transfer to the Obstetrics Department where she worked for two years, splitting her time between CNA duties and secretarial responsibilities for the unit.

It was in 2011 that Erika decided to pursue her Registered Nurse (RN) degree. As a single mother and working full-time—now in the Emergency Department—Erika only had time for one class per semester at CSI. Nonetheless, she persevered. For much of the coursework, she was able to take advantage of a generous tuition reimbursement program provided by the hospital. What's more, toward the end of her studies, Erika received a scholarship for nursing students newly established by St. Luke's Wood River Foundation. The Foundation's ongoing nursing scholarships are funded through unrestricted gifts and through the P. Scott McLean Jr., MD Educational Endowment established by the Boswell family. Erika and several other nursing students benefited from the program (and many, ultimately, were hired by St. Luke's).

Graduating in December 2013, Erika was hired in February as a labor and delivery nurse. Typically, new hires are not brought in to a specialty so early in their careers. But given Erika's long history with the hospital and her diverse exposure to the Emergency, Med-Surg, and OB departments, the staff felt Erika was ready for the specialty work.

But that wasn't the end of Erika's education. She set her sights on getting a Bachelor of Science in Nursing (BSN) degree, and achieved her goal this year.

In the end, one thing is certainly true: community generosity through the Foundation has resulted in one woman achieving the job of a lifetime—a job Erika Monjaras absolutely loves doing.

Reliving an epiphany she had back in 2006, Erika bubbles up with joy: "After having my own child, babies became my passion! How could I not want to do this for a living? I love being able to care for the babies after they're born!"

And, indeed, those babies are in good hands.



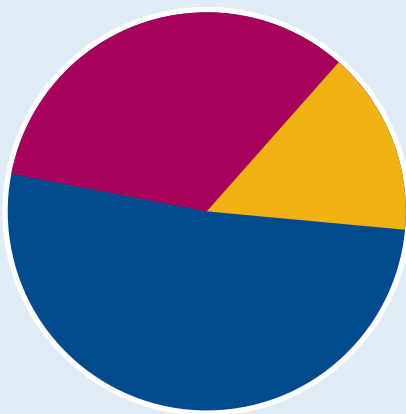


*“How could I not want to  
do this for a living?”*  
—Erika Monjaras, RN

# Financial health

Thanks to the steadfast generosity of our donors, the financial health of St. Luke's Wood River Foundation is strong. Over \$2.2 million was contributed in philanthropic revenues during the 2015 fiscal year, with more than \$500,000 granted to enhance healthcare in our community and additional commitments of over \$500,000 made, including funds for new 3-D mammography. Philanthropy launches programs and services, makes possible much needed equipment, enables education, and advances outreach to other community healthcare providers.

The Foundation continues to preserve and enhance capital through prudent management of our investment portfolio. Today, due to steadfast community generosity, the Foundation has more than \$15 million in assets that will advance the health of our community for years to come.



## Gifts Distributed in FY 2015

- \$297,003 Hospital – Programs, Services, and Staff Education
- \$197,476 Support for Other Community Health Care Providers
- \$77,523 Foundation Administration and Charitable Estate Planning Program

**Total: \$572,002**

## ***St. Luke's Wood River Foundation Statement of Assets, Liabilities, and Net Assets – Cash Basis as of September 30, 2015.***

### **FY 2015**

#### **Assets:**

Cash .....	\$	605,675
Investments, at Market .....	\$	14,515,555

**Total Assets ..... \$ 15,121,230**

#### **NET ASSETS:**

Unrestricted:		
General .....	\$	6,539,909
Board Designated Endowments .....	\$	3,275,701

**Total Unrestricted Funds ..... \$ 9,815,610**

Temporarily Restricted .....	\$	1,790,930
Permanently Restricted .....	\$	3,514,690

**Total Net Assets ..... \$ 15,121,230**



# In Appreciation

## 2015 Donors

*St. Luke's Wood River Foundation gratefully acknowledges the following individuals, foundations, and corporations who made generous contributions January 1 through December 31, 2015. Your generosity is accelerating the advancement of innovative programs and services that fundamentally improve health care experiences in our community.*

### GIFTS OF \$250,000 OR MORE

Allen & Company,  
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### GIFTS OF \$100,000 TO \$249,999

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## **Women's Imaging – Now in 3-D** **Foundation Invests in 3-D Mammography**

St. Luke's Wood River Women's Imaging Center recently harnessed the preventive power of 3-D mammography technology. Breast Care Services can now better detect abnormalities in breast tissue and better visualize the true shape, size, and location of an abnormality. With the support of community generosity, 3-D mammography launched at St. Luke's Wood River in the fall of 2015.

Ultrasound Technologist Barbara Wilkinson says the technology makes a world of difference. She started with St. Luke's Wood River six years ago and has mapped the incredible trajectory of digital technology.

"Before 3-D mammography, a questionable area in a 2-D exam would immediately warrant a patient callback, even if there was ultimately no cause for concern," she says. With 3-D mammography, there will be fewer diagnostic ultrasounds and biopsies, resulting in less anxiety, discomfort, and added costs for patients.

St. Luke's Wood River Women's Imaging Center has always been at the cutting edge of technology. In 2009, philanthropy made it possible to open the comprehensive, state-of-the-art Women's Imaging Center featuring digital mammography. In the years since, the Center has helped to significantly improve mammogram screening statistics in Blaine County.

Having the most advanced technology helps inspire women to stay current with their screenings. "Blaine County screening rate trends are higher than the national average with compliance rates at 82% — the highest compliance within the state of Idaho," says Renee Hawkins, St. Luke's Health System Director of Breast Care Services. "This success in screening is a direct correlation to the financial and educational support from St. Luke's Wood River Foundation."





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## Healing Touch Makes Headlines

### Integrative Therapies Research Published

A study funded in part by St. Luke's Wood River Foundation and carried out by the St. Luke's Wood River Integrative Therapies team was published in the Journal of Holistic Nursing this past year. The study to determine whether a healing touch treatment postoperatively would have an effect on pain, anxiety, blood pressure, and pulse rate in adult postoperative outpatients was conducted in 2010-2011 and published in the prestigious medical journal. Healing touch is a relaxing, nurturing energy therapy that promotes health and well-being.

The findings of the study support the use of healing touch as an effective complementary intervention for surgical outpatients. The results concluded that healing touch treatment was at least as effective as traditional nursing care for reduction in pain and more effective in reducing anxiety.

"As medicine becomes increasingly high-tech, it's important to maintain the human connection and to care for the whole person," says St. Luke's Wood River Healing Touch Coordinator, Mary Kay Foley, PT, GCFP, CHTP/I. Healing touch therapies are shown to be effective for decreasing pain, anxiety, fatigue, and stress, and improving functioning and quality of life.



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## Thank You for Joining Us

St. Luke's Wood River employees exemplified the spirit of generosity with 95% of the staff giving to support health and healing.





## 2015 Speaker Series Inspires

In July, Dan Buettner's keynote presentation, "Blue Zones: The Secrets of a Long Life," was a resounding success, with more than 350 people in attendance and a deeply resonant message. Dan imparted a treasure trove of wisdom and taught the Valley how to "make the healthy choice not only the easy choice, but the unavoidable choice." It was truly a privilege to have dear Friend of the Hospital and local centenarian, Myrle Bradshaw in attendance, who provoked Dan to admit, "I feel slightly intimidated and humbled standing in front of Myrle Bradshaw tonight, who should be the one up here talking."



*Myrle Bradshaw and Dan Buettner*

Beva Robinson  
Cristina Romero  
Gabriela Saltos  
Frances Santacruz  
Michael Schirmer  
Ryan Schmidt  
Dori and Ron Seago  
Brigid and Bass Sears  
Sarah Seppa  
Miriam Serrano  
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Cortney Vandenburgh  
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Helen and Milton Zerlin  
Joy Zimmerman

*\*In memoriam*

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My Blue Dots  
Rickshaw  
Jennifer Wilson

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Dayle Fowler\*  
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Rolande and James Vaughn  
Delores and William Winslow\*  
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by Amy Harmer and Gary Reinecke

Brock Bemis, MD and the Emergency Room Staff  
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by Craig and Vicki Aberbach  
by Shay Doll  
by Kenneth and Marsha Edwards  
by Kristin McMahon  
by Megan Thomas and Adam Tanous

## **ENDOWMENT FUNDS**

Endowed funds held by St. Luke's Wood River Foundation provide current and long-term support for capital equipment, programs, and services. The principal of each endowed fund is invested in accordance with the Foundation's Investment Policy, and earnings are spent in consultation with each fund's donors, and at the discretion of the Board of Directors.

We are grateful to the following visionary individuals and foundations who have established endowed funds in St. Luke's Wood River Foundation to provide financial security for the medical center well into the future.

## **ENDOWED FUNDS OF \$1 MILLION OR MORE**

### **Emergency Services Endowment Fund**

Emergency Services remains our community's highest healthcare priority. The hospital has built an emergency response network that coordinates care from a patient's initial 911 call through arrival at the hospital. This network includes board certified emergency physicians and highly trained nurses who provide the best possible care for patients suffering from heart attack, stroke, or serious injury. Your gift will help us build a \$10 million Emergency Services Endowment to fund superior emergency care now and for years to come.

## **ENDOWED FUNDS OF \$500,000 OR MORE**

### **The P. Scott McLean, Jr., MD Endowment Fund for Staff Education**

Created by the Boswell Family Foundation in 2005, this fund ensures that staff will have access to training to further their expertise and knowledge about best practices in patient care. P. Scott McLean Jr., MD assists with advising the fund.

### **Engl Family Endowment Fund**

This fund, which was created in 1973 by the Peggy Emery Engl Descendant's Trust, represents the first endowed fund held by the



Foundation. Annual distributions, which are made in consultation with members of the Engl Family, support the hospital's priority needs. Recent earnings helped build and equip the new Women's Imaging Center.

### **Pediatric Services Endowment Fund**

To improve access to pediatric care, St. Luke's Wood River is providing one day per week of general pediatric consultative services at St. Luke's Clinic – Family Medicine in Hailey. To ensure the long-term sustainability of pediatric services, St. Luke's Wood River Foundation is working to raise a \$1 million endowment. In partnership, generous community philanthropy and a commitment from the hospital will make pediatrics a reality in our community.

### **ENDOWED FUNDS OF \$100,000 OR MORE**

#### **The Carol and Pat McLaughlin, MD Endowment Fund for St. Luke's Wood River Employee Medical Expenses**

Shay Doll and Buddy Wilton created this fund in 2009 to provide need-based assistance for St. Luke's Wood River Medical Center employees and their families, to help with co-payments for medical expenses.

#### **The Deer Creek Fund**

This fund, established and advised by Lynn Campion-Waddell, Tom Campion, Ashley Campion, and Berit Campion, provides ongoing support for the hospital's priority needs; in particular, for enhancements to emergency medical services.

### **ENDOWED FUNDS OF \$25,000 OR MORE**

#### **Carl A. Gray Memorial Award Fund**

Established in 1991 by Harvey Gray, Carl Gray's son, this fund honors the memory of an avid Sun Valley Ski Club member while also celebrating excellence in nursing care.

#### **Women's Imaging Center Endowment**

This fund was established to support the state-of-the-art technology for the Women's Imaging Center, which was fully funded by generous community philanthropy in 2009.

*St. Luke's Wood River Foundation strives to provide accurate recognition of our donors. If you feel there has been an error or omission, please contact the Foundation Office at (208) 727-8416, so we may correct our records.*



# Mission:

To accelerate the advancement of innovative programs and services that fundamentally improve healthcare experiences in our community.

# Vision:

To guarantee the availability of resources and community expertise for achieving excellence in healthcare.



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[www.slwrf.org](http://www.slwrf.org)

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